Kid-Friendly Bí Cineálta Policy

What will happen when you tell a staff member or trusted adult?

The adult will work out if bullying behaviour has happened.
The adult will:
- talk with the child, listen to them and be sensitive
- ask the child what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved
- talk with the other student's parents
- Restorative Practice Reflection
- keep a record of what has happened.
- follow up to support the students and make sure the bullying has stopped.

Examples of Bullying Behaviour

Physical bullying (hitting, punching, kicking)

Ganging up on others

Damaging/stealing others' stuff

Targeting people

Mean or aggressive tone of voice

Being mean in public

Intimidating someone

Spreading rumours or gossip

Making people feel bad about themselves

Insults

Name-calling

Harassment

Mean comments

Cyberbullying

Making mean faces

Bullying behaviour is hurting someone on the inside or the outside with your words or your actions on purpose over and over again. This can be online or offline.

STOP THE BULLIES
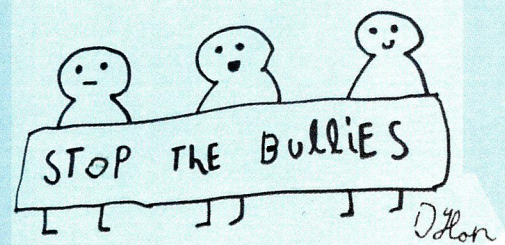
What to do if you think that you are being bullied or someone else is being bullied:

Say "Stop, I don't like that".

Tell a trusted grown-up like your family or teacher or ANA.

We are a telling school. Remember, when you tell you are keeping someone safe. We appreciate when you tell to keep someone safe at our school.

If the situation doesn't get any better or if you are not happy with the response you get, keep telling! Tell over and over.

Stick up for yourself and stick up for others!

Bí Cineálta is based on the United Nations Convention on the Rights of the Child.
Our school has a Bí Cineálta policy to try to stop bullying behaviour. We look at this policy every year to see what is working well or what could work better.

We will ask you what you think.

Be an upstander, not a bystander!