

June 2024

# KATHY'S THIRD CLASS NEWSLETTER

## Third Class 2023 - 2024

We have really enjoyed our time together in third class. One of the most important skills we worked on this year is conflict resolution. We learned to describe tricky incidents non-judgementally, think about what we were feeling and needing in that moment and what the other person was feeling and needing and then empathise with each other and understand why we and others behave like we do.

We also had lots of fun on trips out during the year. we visited The National Art Gallery, The National Archaeology Museum, The Ark Theatre for a performance of The Giggler Treatment, Albert College park and playground, Merrion Square playground and Alive Outside Adventure Centre.

### A FEW OF OUR FAVOURITE THINGS...

- Trips out
- Hot chocolate and books
- Silent ball
- Playgrounds
- Art Day
- Spots Day

