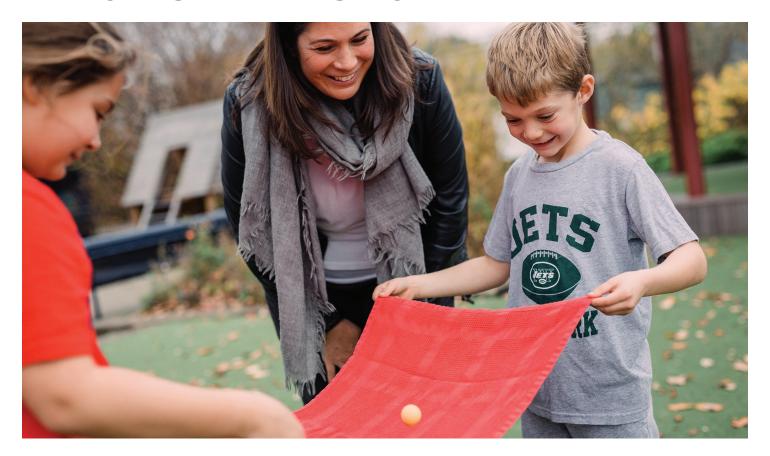
ACTIVE HOME



PING TOWEL PONG



YOU WILL NEED

- Family or friends
- A space to play
- A towel
- A small ball

HOW TO PLAY

- Divide into two teams.
- Each team stands holding the opposite corners of the towel.
- Keeping it flat, place a small ball in the middle of the towel.
- Tip the towel to try to make the ball run off the other team's end.
- The winner is the one who manages to get the ball to run off the other team's end.

REMEMBER...

■ Make sure you have enough space around you.



