ACTIVE KIDS DO BETTER

ACTIVE HOME



LIGHTS, CAMERA, ACTION!



YOU WILL NEED

- Family or friends
- A space to perform
- Paper
- Pen
- Box or bag

HOW TO PLAY

- Write down different actions on pieces of paper, such as throwing a ball, jumping, crawling, rolling, jogging, catching a fish.
- Put them all in a box or bag.
- One player takes one out and mimes the action.
- The others guess what the action is. How many can they guess correctly in one minute?

REMEMBER...

Be careful not to knock anything over if you move around the room.

