ACTIVE HOME



IT'S SNOWING



YOU WILL NEED

- Family or friends
- Newspaper or paper for recycling
- A skipping rope

HOW TO PLAY

- Make snowballs by squeezing paper tightly into ball shapes.
- Divide an area in two using a skipping rope as a net, with a player or team on each side.
- Share the balls out evenly. On the command 'Let it snow!' players throw the balls into the opposite side.
- The aim is to underarm throw all the balls to the other side of the net.
- The player or team with the least snowballs on their side after two minutes wins.

REMEMBER...

■ Make sure you have enough space to play the game safely and you must only throw underarm.



