**ACTIVE HOME** 



## **CROSS THE RIVER!**



## YOU WILL NEED

- Family or friends
- Cushions

## **HOW TO PLAY**

- Imagine there is a river running across your playing area with a riverbank on each side.
- One-player game: Using two cushions as lily pads, try to cross the river without touching the floor.
- Two or more player game: Using three cushions as lily pads, work together to try to cross the river.
- Only one person is allowed on a lily pad at a time.

## REMEMBER...

- Make sure you have enough room to cross the river safely.
- Make sure the 'lily pads' won't slip and slide across the floor.



